

## **Season 13 meeting highlights - May 22, 2023**

### **→ Coaches**

- All coaches and staff at Encore Elite Wildcatz are trained coaches with many years of experience in All Star cheer.
- All are USASF certified
- All are CPR, 1st Aid, & AED certified
- All have background checks and clearances
- All take part in continuing coaches education and training all year
- We are hiring new staff members this season
- We have an open door policy to communicate with owners/coaches/staff via email or phone
- Our practices are closed since we have no lobby space but there will be many opportunities to see your athlete's and their teams' progress

### **→ Team information (please see the Parent/Athlete agreement on our website for even more details)**

#### **★ Tiny teams**

- Regular season practices - 1 day per week (usually Mondays)
- Start in August and go through April
- Compete 4-5 times starting in January - 1 day competitions
- Local travel, no over nights required

#### **★ Prep teams**

- Summer workouts are 2 nights per week - see summer calendar on our website, includes choreography dates
- Regular season practices - Sundays and 1 additional week night
- Included 1 hour of tumbling instruction per week
- Regular season starts after Labor Day and go through April
- Post season begins in April for teams that earned bids to post season events
- Compete 6-8 times starting in January - 1 day competitions
- Local travel, no over nights required

#### **★ Elite/ Worlds teams**

- Summer workouts are 2 nights per week - see summer calendar on our website, includes choreography dates
- Practice Sundays and 1 additional weeknight
- Included 1 hour of tumbling instruction per week
- Levels 3 and up could potentially have a 2nd week night pending schedule
- Regular season starts after Labor Day and go through April

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