## Season 13 meeting highlights - May 22, 2023

#### → Coaches

- All coaches and staff at Encore Elite Wildcatz are trained coaches with many years of experience in All Star cheer.
- o All are USASF certified
- All are CPR, 1st Aid, & AED certified
- All have background checks and clearances
- All take part in continuing coaches education and training all year
- We are hiring new staff members this season
- We have an open door policy to communicate with owners/coaches/staff via email or phone
- Our practices are closed since we have no lobby space but there will be many opportunities to see your athlete's and their teams' progress

# → Team information (please see the Parent/Athlete agreement on our website for even more details)

## ★ Tiny teams

- Regular season practices 1 day per week (usually Mondays)
- Start in August and go through April
- Compete 4-5 times starting in January 1 day competitions
- Local travel, no over nights required

#### ★ Prep teams

- Summer workouts are 2 nights per week see summer calendar on our website, includes choreography dates
- Regular season practices Sundays and 1 additional week night
- Included 1 hour of tumbling instruction per week
- Regular season starts after Labor Day and go through April
- Post season begins in April for teams that earned bids to post season events
- Compete 6-8 times starting in January 1 day competitions
- Local travel, no over nights required

#### ★ Elite/ Worlds teams

- Summer workouts are 2 nights per week see summer calendar on our website, includes choreography dates
- Practice Sundays and 1 additional weeknight
- Included 1 hour of tumbling instruction per week
- Levels 3 and up could potentially have a 2nd week night pending schedule
- Regular season starts after Labor Day and go through April

- Post season begins in April for teams that earned bids to post season events
- Compete 8-10 times starting in November 1 day & 2-day competitions
- Some travel

#### → Other sports/ activities

- We do our best to work with our athletes so that they can participate in other sports, school cheer, etc.
- We have several school cheerleaders, field hockey, lacrosse, soccer, & basketball players. As well as dancers, band members, and athletes in theater.
- It is the parent and athlete's responsibility to get Encore's schedule to your other activity/sports coaches right away and same for that activity/sports schedule to Encore coaches so that we can work things out if possible
- The coaches of your other activity also have to be willing to work with your Encore cheer schedule
- However, missing several practices is not an option
- Missing competitions is also not an option

### → Team placements & success

- See separate sheet "Steps coaches look for at placements"
- Access the United Scoring System https://www.unitedscoringpartners.com/23-24-scoring-system/
- Access USASF age grid on USASF.net

## **ENCORE ELITE PROJECTED AGE GRID 2023-24**

We have created an age grid based off the USASF age grid for the 2023-24 season. We create teams based off top ages on the division not bottom age in order to create the most competitive teams! Anywhere you see an "X" indicates where exceptions are made, i.e - Flyers, tumbling skills, experience and/or need for a certain stunting position.

BIRTH YEAR	6/1/0 4	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
TINY NOVICE															TINY NOVICE		'ICE
TINY PREP													TINY	PREP			
MINI											MI	NI	Х				
YOUTH								YOUTH		Х							
JUNIOR						JUNIOR			Х								
SENIOR		SENIOR			Х	Х	Х	Х									
SENIOR WORLDS	WORLDS			Х	Х	Х											